

Brief Behavioral Health Screening Questionnaire  
Eric Goplerud 11/17/10

1. Over the past two weeks, how often have you been bothered by any of the following problems?
  - Little interest or pleasure in doing things.
    - 0 = Not at all
    - 1 = Several days
    - 2 = More than half the days
    - 3 = Nearly every day
  - Feeling down, depressed, or hopeless.
    - 0 = Not at all
    - 1 = Several days
    - 2 = More than half the days
    - 3 = Nearly every day
2. If you smoke cigarettes, on average, how many cigarettes do you usually smoke per day
  - 0=None, I don't smoke
  - 1=1-10 (1/2 pack or less)
  - 2=10-20 (1/2 pack – 1 pack)
  - 3=21-30
  - 4=More than 30
  - 5=I smoke a pipe, cigar or use other tobacco products
3. If you drink alcohol, how often do you have five or more drinks containing alcohol on one occasion (for men) or four or more drinks containing alcohol on one occasion (for women)?
  - 0=I do not drink alcohol or never drink that number of drinks on an occasion
  - 1=A few times a year
  - 2=Monthly
  - 3=Once a week
  - 4=2-3 times a week
  - 5=4-6 times a week
  - 6=daily
4. How many times in the past 30 days have you used an illegal drug or used a prescription medication for non-medical reasons?
  - 0=I do not use an illegal drug or use a prescription medication for non-medical reasons.
  - 1=A few times a year
  - 2=Monthly
  - 3=Once a week
  - 4=2-3 times a week
  - 5=4-6 times a week
  - 6=daily

References:

[www.sbirt.csat.samhsa.gov](http://www.sbirt.csat.samhsa.gov)

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