

# Golden Valley Health Centers

IBHP 2010

What is the true behavioral health need of a primary care population?

# Patient need/want

- If every single adult patient is given the opportunity to see a behavioral health provider, how many will want/need further services?
- If a BHC sees every single patient, how many will the BHC recommend receive further services?
- If a BHC sees every single primary care patient, will their health outcomes improve? Satisfaction of PCP? Satisfaction of Patient?

# Behavioral Health Need vs. 'conventional wisdom' Ratio

- 1 BHC for 1 large community clinic (4000 unique patients a year)
- 1 BHC for 7 PCPs (Kirk Strohsal)
- 1 BHC for 3 PCP (GVHC)
- Consistent replicated research showing 60% of primary care patients have behavioral health conditions/concerns
- No current data on level of need of patients in PC

# Outside of Conventional Wisdom

- True focus on wellness, strength based
- Patient preference is the rule
- BHC and PCP are colleagues on a team
- ‘Case conferencing’ happens with patient in the room when necessary
- Shared care plan, patient in charge of plan

# Outcome Data

- Patient satisfaction survey
- 'First Visit' data capture (patient preference, BHC and/or PCP recommendation)
- Comparison with 'usual care' of 1-7 ratio, and of 0-1 ratio. Compare: no show rates, AIC, PHQ-9.